

# COACH “TO DO” LIST

## PRESEASON

1. Complete volunteer registration and background check at <http://laneyouthsoccer.org/registration.html> if you have not registered in past seasons.
2. Attend Coach Training. All coaches are required to attend every season.
3. Attend Roster Hand-out to receive team roster, schedule and equipment.
4. Schedule your team's parent meeting. Prepare agenda and list of parent jobs.
5. Call players/parents to inform them of parent meeting. At meeting, check to make sure each player has a jersey or has ordered one.
6. Set a training schedule and plan out trainings in writing.
7. Read current LYSA Coaches Handbook and review laws of the game and your age division's Adapted Laws.
8. Contact assistant coaches, referees and team parent to assure they are aware of and have registered as a volunteer and attended referee training. Once assistant coach, referee & team parent have been selected, leave message at 541-521-8100 or send e-mail to: [Coach@LaneYouthSoccer.org](mailto:Coach@LaneYouthSoccer.org) with their name & phone number so we can add them to our database and get them on our rewards list.

## DURING SEASON

Be positive and follow the LYSA Coaching Philosophy:

Good coaches develop positive feelings of self-worth in all of their players.

Enjoyment is critical to learning.

Good coaches provide honest, positive encouragement.

The object may be to win, but the ultimate goal is enjoyment for all.

No yelling in anger or while providing directions to players.

Coach during your weekly training sessions. **Game day is for the kids;** let them demonstrate what they have learned and keep your game side coaching to an absolute minimum.

The following are REQUIRED at all training sessions and games:

White copy of Registration/release forms for all players present.

First aid kit.

Water for players (tell parents at your parent's meeting to bring water for their child, but always carry extra).

Training and/or game plan.

Equipment bag with balls, ball pump, cones, linesman flag and goal flags.

Two registered adult volunteers present at all games and trainings from the time players arrive until the last player leaves.

## END OF SEASON

Return equipment and remind players to register for next season now.

